

ROCKROSE  
MYKONOS

*Collect beautiful moments*





**R O C K R O S E**  
MYKONOS

## Spa Menu

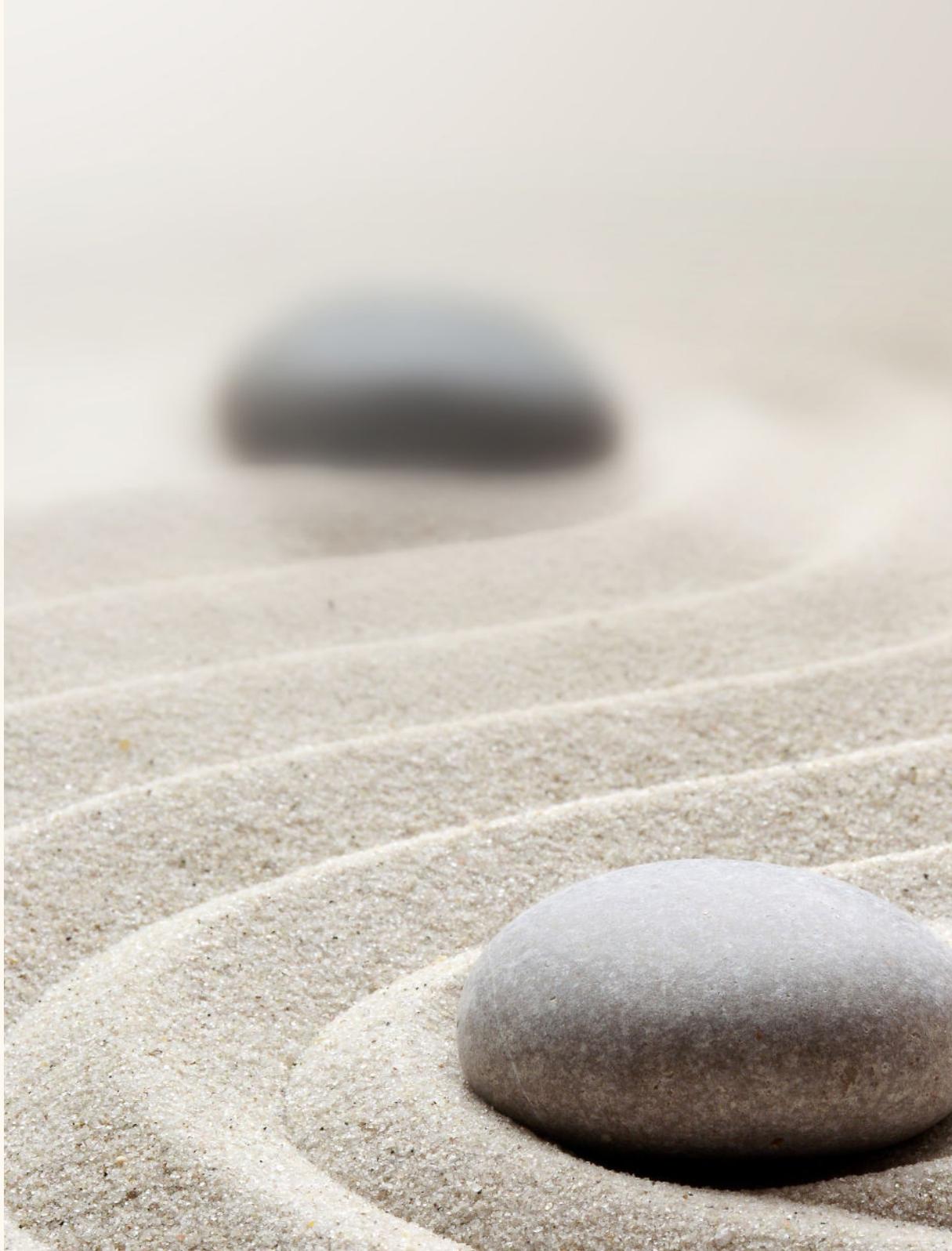
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our philosophy





At Rockrose Spa, our philosophy embraces the beauty and energy of Mykonos.

Inspired by nature and guided by Germaine de Capuccini's science, every treatment is a mindful ritual of relaxation, rejuvenation and inner harmony.

Let yourself surrender to the healing touch of our therapists and rediscover balance in the serene atmosphere of Lovia Mykonos.

massage collection



Discover the art of touch through our exclusive massage rituals. Each technique is designed to restore physical balance, awaken the senses, and reconnect body and mind in a serene Aegean rhythm.

### Aegean Breeze Massage

30' - 70€

It reduces the stress and the strain on the back, neck and shoulders. The almond oil helps achieve total muscle relaxation.

### Aromatherapy Collection

50' - 115€ | 75' - 140€

Specially selected essential oils, combined with a rhythmic, relaxing massage technique that relieves tension, restores the senses and offers absolute tranquility.

### Mykonian Ritual

50' - 145€ | 75' - 165€

Deep massage with therapeutic oils, specific pressure techniques and mobilization methods that relieve muscle tension and stress.

### Mediterranean Glow Facial

30' - 75€

Give your skin a quick, nourishing drink with a refreshing facial massage. All in just 30 minutes. Suitable for everyone.

### Aegean Silhouette

40' - 85€

Slimming and firming massage that offers great results in the legs, thighs and abs.

### Winged Sandals

30' - 70€

Through a specific method of pressure at the appropriate points of the feet, the therapist restores the balance between body and spirit.

### Mediterranean Candlelight

50' - 120€ | 75' - 150€

An authentic massage with golden drops of warm melted wax that melt over the whole body. Choose among lavender, olive or citrus that calm the mind and hydrate the body.

### Heavenly Head

40' - 80€

A delightful scalp massage with a combination of 5 different oils that releases tension from migraines and helps in hair strengthening.

### Maternity Serenity Ritual

45' - 100€

A specialized prenatal massage designed for your comfort and well-being. This inspirational therapy connects mother and child with the power of touch.

couple spa experiences





Share an intimate wellness journey with your partner. Our couple rituals are designed to reconnect you both through synchronized movements, aromatic oils and the tranquil rhythm of the Aegean.

### Together in Harmony Ritual

50' - 210€ | 75' - 255€

Specially selected essential oils, combined with a rhythmic, relaxing mild intensity massage technique that relieves tension, restores the senses and offers absolute tranquility to the couple.

### Make 2 Candle Wishes

50' - 220€ | 75' - 280€

An authentic, sensorial massage with golden drops of warm melted wax that gently glide over the whole body. Choose among lavender, olive or citrus that calm the mind and hydrate the body. Under the candlelight, relax with your partner and travel to a place where you are just the two of you.

### Power Of Love

50' - 280€ | 75' - 315€

A selection of precious therapeutic oils combined with deep pressure techniques, thoughtfully designed to relieve tension.

# Spa Suite by Starpool





## A private unique Spa experience

50' - 60€ per person

Enjoy our luxurious spa area, featuring a sweet sauna with relaxing music, a sweet steam bath with an emotional shower by Starpool and a heated indoor pool/jacuzzi, the perfect haven for couples and private wellness rituals.

Daily use with reservation.

Discover our wellness packages, exclusively at Rockrose Spa at Mykonos Lovia, featuring specially selected treatments inspired by the local traditions and natural wonders of Greece and Mykonos.

## Olivo Therapy

1 10' - 210€

Inspired by the land of Greece and the techniques of Hippocrates, father of Medicine, this body scrub is a real treat thanks to the aromas and textures of argan, olive seeds, grape seeds and orange. The exfoliation is followed by a massage with warm olive wax that serves to relieve tension, restore the senses and offer absolute calm through special ancient Greek massage techniques. At the end of the treatment, there is a vitamin E facial massage providing the skin with a quick yet deeply nourishing effect.

## Aegean Sea

1 10' - 200€

A refreshing body exfoliation with vitamins and seaweed extracts that nourish and soften the skin. Ideal for dry and dehydrated skin. In combination with an excellent body wrap with aloe vera the skin is rejuvenated and redness from sun exposure is soothed. Additionally, a facial treatment with aloe vera and royal jelly provides nourishment to the face while at the same time eliminating signs of aging caused by sunlight.

## 24k Midas

1 10' - 210€

Like the touch of King Midas who according to Greek mythology turned everything he touched into gold, this treatment will leave a golden touch on your skin. Enjoy a body wrap with a gold body mask which removes toxins. The body wrap is followed by a massage with gold nectar to detoxify the skin. The golden look that the products leave on the skin goes well with the bronze effect after a day at the beach. The body therapy is combined with the "Eyes in Flames" treatment! Enjoy this treatment in the afternoon for a more intense appearance of gold on the skin before your night out.



A photograph of a spa treatment table covered with a light brown towel. On the table, there are several white bottles of spa products, a small lit candle in a decorative holder, and a folded towel. The background is a soft, out-of-focus light.

## Mediterranean Sea

75' - 160€

A Mediterranean treatment that includes massage with baobab oil and exfoliation with salt blossom. The treatment reminiscent of our Mediterranean Sea due to its salt is particularly suitable for skin that needs a gentle exfoliation, ideal for the summer months but also for the period of pregnancy.

## Orange Blossom

110' - 200€

A luxurious treatment with orange which according to Greek mythology is a symbol of fertility and happy married life. The treatment includes a natural and anti-aging exfoliation with papaya that leaves the skin soft, clean and velvety, followed by a body envelopment with vitamin C. A luxurious massage with vitamin C follows that moisturizes the skin and makes it more radiant than ever.

## Recovery Now

90' - 200€

Our team has created a personalized recovery package to help restore your inner balance. The package starts with a 15' steam bath treatment to improve respiration through the high levels of humidity. Following this, enjoy a body exfoliation of algae, sea elements and minerals. The trace elements present in the exfoliating products help the respiratory system as they reduce possible inflammations in the airways, thereby opening the oxygen passages. Finally, there is a detox body massage for detoxification.

# Rockrose face



The Germaine de Capuccini skincare powerhouse has stood out for more than fifty years with innovative products and meticulous protocols, combining scientific precision with the timeless elegance of Mediterranean beauty.

Rooted in this philosophy all products are created with the utmost respect for the environment, using natural ingredients that are never tested on animals.

Each facial treatment begins with a personalized skin diagnosis by our Aesthetician.

## Aloe Vera After Sun with Royal Jelly

30' - 75€ | 50' - 105€

A regenerating treatment that restores vitality to dry, sun-damaged skin and helps minimize the signs of premature aging. Aloe vera stimulates collagen production and renews the firmness of the skin. Suitable for normal, dry and mature skin, this treatment uses herbs that help relax, detoxify and soothe the facial muscles while soothing, moisturizing and cleansing the skin.

## Hydra-Cure

50' - 110€

Facial treatment for enhanced hydration and anti-aging. Protects against climate change and premature aging. Provides hyaluronic acid in high, medium and low molecular weight and thermal water of volcanic origin.

## Purifying Facial

30' - 80€ | 50' - 110€

Universal and personalized treatment for all skin types, either oily, normal or combination. In record time it cleanses, purifies, balances the pH, renews and soothes the skin. Reveals a more uniform, luminous and pure face.

## Men's C+ Power

50' - 135€

Appropriate treatment for men's skin with lack of vitality and intense signs of fatigue. Enriched with vitamin C, birch juice and trace elements, the skin rejuvenates instantly, fills with energy and glow, while being protected from external attacks that cause premature aging.

## Global Anti-Age On

75' - 180€

Exquisite anti-aging facial treatment based on epigenetics that is awarded with the IFSCC prize (considered the Nobel prize of Cosmetics) for the ingredient ZINC-GLYCINE COMPLEX. It acts against the signs of aging caused by environmental factors, containing hyaluronic acid and collagen activators. The ritual includes a massage with a special spoon, placed on ice and a unique metal icy mask.

## Vitamin C

50' - 135€

Enriched with vitamin C derivative and Japanese Ume plum extract, this treatment is the most powerful weapon against glycosylation, which causes premature aging. The skin radiates and feels smooth and refreshing.

## Eyes in Flames Gua Sha Massage

45' - 80€

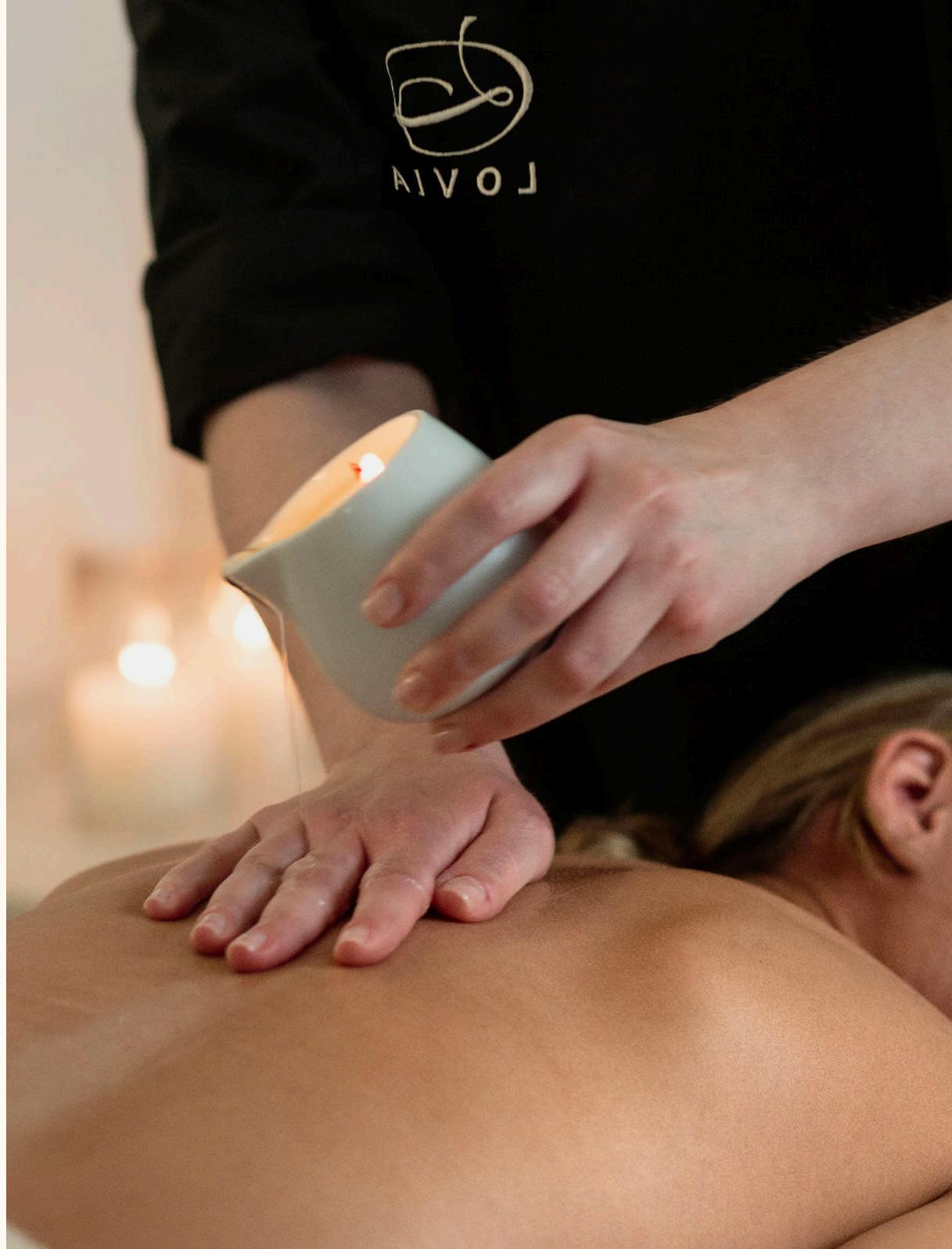
Eye and lip treatment to activate collagen and elastin and increase blood circulation. Treats dark circles, puffiness and expression lines around the eyes. Suction cup and quartz stone are used during the treatment.

## Timexpert Rides Yoga

70' - 160€

Enhanced facial rejuvenation treatment that achieves smoother skin and a more relaxed expression in record time. Unprecedented benefits in reducing dynamic and static wrinkles. We achieve visible improvement of skin density thanks to facial cupping and facial yoga massage.

# Rockrose body



These body treatments offer the healing touch of our Rockrose Spa therapists, bringing deep relaxation, rejuvenation and renewal.

## Body Wraps

### Mediterranean After-Sun

40' - 90€

A refreshing and energizing wrap containing aloe vera and mint for deep regeneration. Ideal as an after-sun treatment.

### Silk Touch

45' - 105€

Envelop your skin with precious 'silk' and enjoy a luxurious product application that will hydrate and provide your skin with a satin appearance and a silky touch.

### Luxurious Gold

40' - 90€

Combined with an exquisite massage, this total body envelopment revitalizes the skin and leaves a subtle and beautiful golden shimmer on the body.

### Heavy Legs

30' - 70€

A revitalizing treatment for your legs and feet that improves blood microcirculation and eliminates liquids and toxins. Ideal also for pregnant women.

## Body Scrubs

### Lavender Scent

30' - 75€

Everyone is looking for a reliable way to calm the body and mind and lavender takes care of both.

### Mediterranean Olive

30' - 70€

Inspired by the Mediterranean land. A therapy that is a true enjoyment due to the aromas and textures of argan, olive seeds, grape seeds and orange blossom water.

### Citrus Glow

30' - 70€

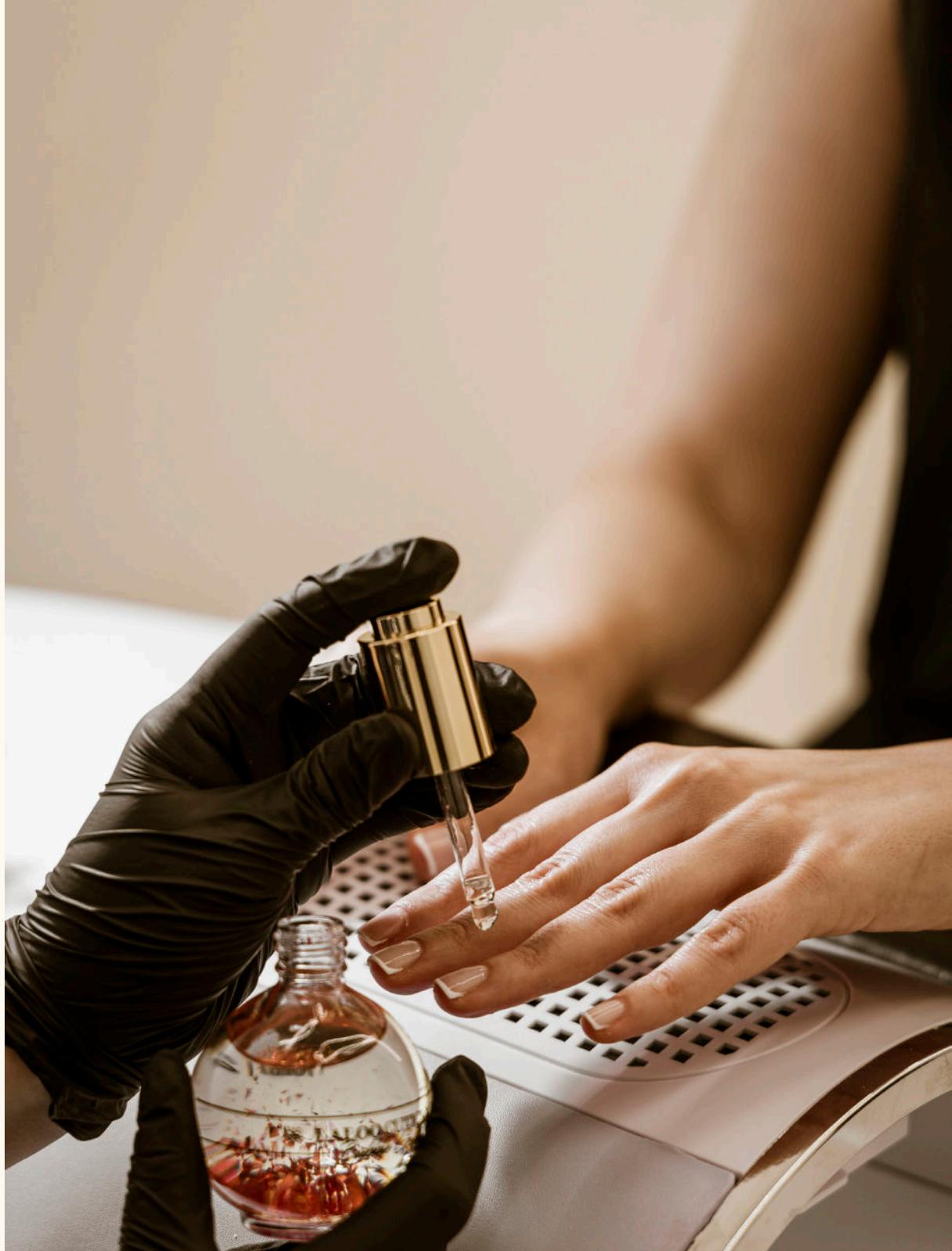
A natural and anti-aging citrus peel exfoliant to leave the skin soft, clean and velvety following a relaxing aromatherapy protocol.

### Marine Exfoliation

40' - 75€

A refreshing body scrub with vitamins and algae extracts that nourish and soften the skin. Ideal for dry and thirsty skin.

beauty services



## Manicure

Manicure	55€
Manicure Nail Polish	60€
Spa Manicure	60€
Manicure Shellac	70€
Spa Manicure Shellac	75€

## Pedicure

Pedicure	70€
Pedicure Nail Polish	75€
Spa Pedicure	85€
Pedicure Shellac	90€
Spa Pedicure Shellac	100€

## Removal

Nail Polish	20€
Shellac	30€

## Coloring

Nail polish	30€
Shellac	40€

## Waxing

Arm	55€
Under Arm	30€
Eyebrow (Shaping)	25€
Eyebrow	20€
Upper Lip	25€
Bikini Full	55€
Bikini Line	45€
Full Leg	75€
Half Leg	40€
Chest (M)	50€
Back (M)	60€
Finger Waxing	20€
Toe Waxing	20€

# How to Spa with us

Your wellbeing journey at Rockrose Spa begins with serenity, respect and connection.

To ensure the most relaxing and enjoyable experience, we kindly invite you to follow these gentle guidelines.

## Opening Hours

The Spa is open daily from 11:00 to 20:00. We recommend booking in advance to secure your preferred time.

## Reservations & Cancellations

Appointments can be arranged through our Spa Reception or the Hotel Reception team. We understand that your time is valuable and we do our best to accommodate every guest with care.

To respect all our guests' time, we kindly ask that any changes or cancellations be made 6 hours before your scheduled treatment. Cancellations made later may be subject to a 50% charge, while missed appointments will be charged in full. We appreciate your understanding and cooperation.

## Before Your Arrival

As many of our spa treatments are designed to enhance circulation through specialized pressure techniques, we recommend avoiding heavy meals before your session. A light snack is perfectly appropriate, but alcohol should be avoided prior to any treatment. For your comfort and peace of mind, we also suggest leaving valuables in your suite, as the spa cannot take responsibility for any personal belongings during your visit.





## Upon Your Arrival

We invite you to arrive 15 minutes before your scheduled appointment to allow time to prepare and relax before your treatment begins. Arriving late may shorten your session and affect its overall benefit and enjoyment. This is your moment of tranquility, we want you to experience it fully. Please let us know your preferences regarding room temperature, music or pressure. Your comfort and care are always our highest priority.

## During Your Stay

The Spa is devoted to creating an atmosphere of peace and tranquility for all our guests. We kindly ask that you support this serene environment by keeping your mobile phone in flight mode and speaking softly during your visit. To preserve the purity of the experience, smoking, alcohol consumption, and eating are respectfully not permitted within the Spa areas.

## Pregnancy

Within our spa menu, you will find treatments specially designed for women during pregnancy and for those who are nursing. Our Spa team will be delighted to guide you in selecting the most suitable experience for your individual needs during this special time.

## Gift Cards

Share the gift of relaxation and wellbeing with someone you love. Our gift vouchers are available for

any treatment, combination of treatments or home-care products, and make a thoughtful gesture to show you care. Gift vouchers are non-refundable and must be presented at the time of treatment or purchase.

## Health Questionnaire

Please inform us at the time of booking of any medical condition, allergies or special needs, so that our Spa team can recommend the most suitable treatments for you. Before your session, you will be asked to complete a brief health questionnaire to ensure your safety and comfort. We operate in full compliance with the EU General Data Protection Regulation (GDPR) and all information shared remains strictly confidential.

## Age Requirements

The Spa is suitable for guests aged 18 and above. Guests between 14 and 17 years of age are welcome when accompanied by a parent or legal guardian.

## External Guests Policy

Rockrose Spa warmly welcomes external guests by prior appointment and subject to availability. To secure a reservation, a deposit of 50% of the total treatment amount is required at the time of booking. This amount is non-refundable in the event of cancellation or no-show. For all external bookings, the minimum treatment duration is 50 minutes.



**L O V I A**  
M Y K O N O S

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