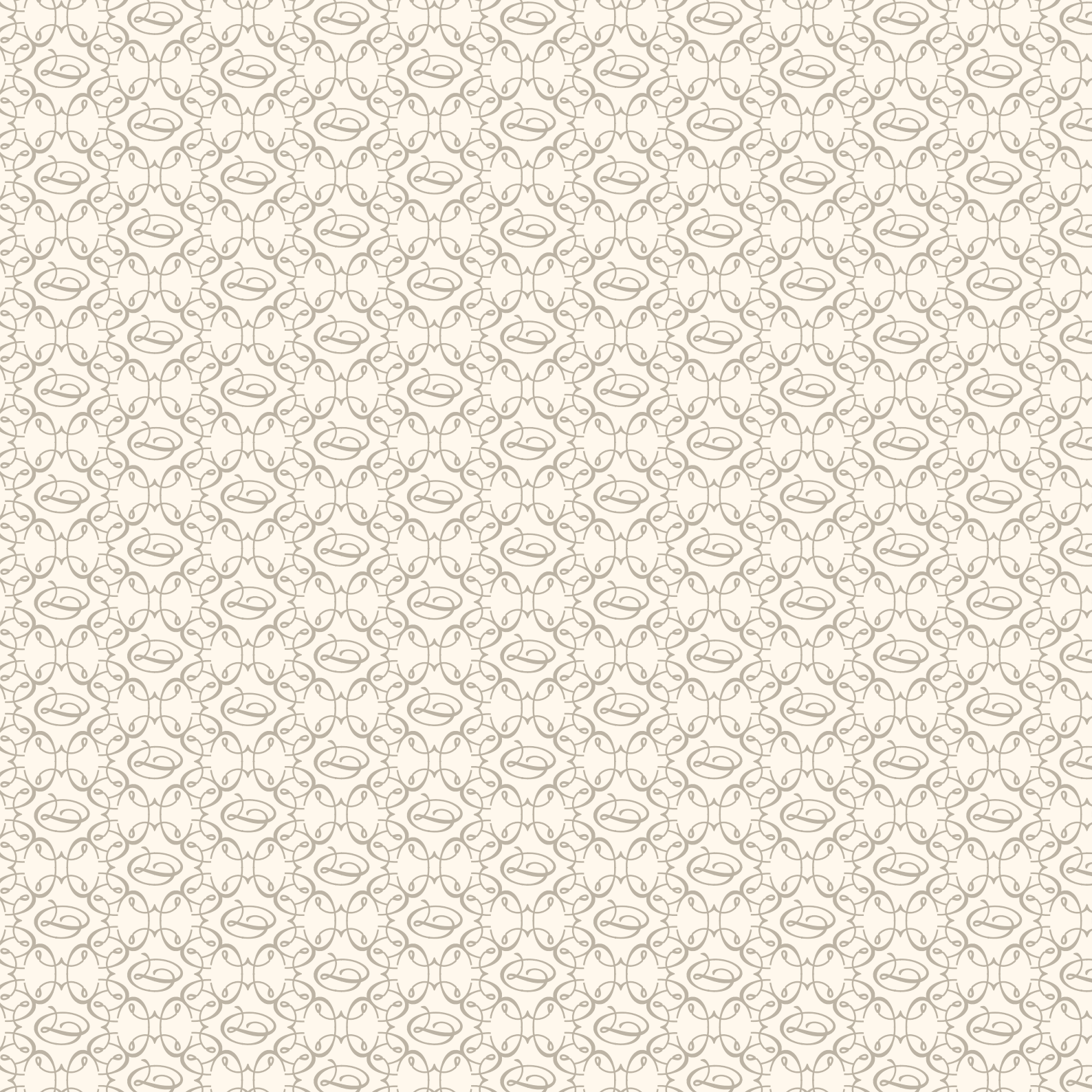
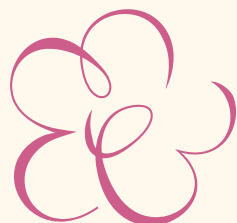




ROCKROSE  
MYKONOS

*Collect beautiful moments*





**R O C K R O S E**  
MYKONOS

Spa Menu

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our philosophy





Mythology states that the Gods of Olympus designated the rockrose as one of the healing plants.

The scope of “Rockrose Spa” is for you to receive all its therapeutic effects while experiencing a magical journey of senses.

Germaine de Capuccini branded cosmetic company ensures skin care innovation, for more than 50 years with premium products and services.

massage collection





Select amongst our different kind of massages according to your desire. Allow our experienced spa therapists to guide in your final choice. All massages are applied with certified professional products.

### Upper Body

30' - 55€

It reduces the stress and the strain on the back, neck and shoulders. The almond oil helps in the total muscle relaxation.

### Aromatherapy Collection

50' - 95€ | 75' - 115€

Specially selected essential oils, combined with a rhythmic, relaxing massage technique that relieves tension, restores the senses and offers absolute tranquility.

### Deep Tissue Energy

50' - 120€ | 75' - 135€

Deep massage with therapeutic oils, specific pressure techniques and mobilization methods that relieve muscle tension and stress.

### Aromatic Facial

30' - 60€

Give your skin a quick, nourishing drink with a refreshing facial massage. All in just 30 minutes. Suitable for everyone.

### Goodbye Cellulite

40' - 70€

Slimming and firming massage that offers great results in the legs, thighs and abs.

### Winged Sandals

30' - 55€

Through a specific method of pressure at the appropriate points of the feet, the therapist restores the balance between body and spirit.

### Mediterranean Candlelight

50' - 100€ | 75' - 125€

An authentic massage with golden drops of warm melted wax that melt over the whole body. Choose among lavender, olive or citrus that calm the mind and hydrate the body.

### Heavenly Head

40' - 65€

A delightful scalp massage with a combination of 5 different oils that releases tension from migraines and helps in hair strengthening.

### Prenatal Care

45' - 80€

A specialized massage for pregnancy for your comfort and well-being. This inspirational therapy connects mother and child with the power of touch.

couple spa experiences





### Romantic Couple

50' - 170€ | 75' - 210€

Specially selected essential oils, combined with a rhythmic, relaxing mild intensity massage technique that relieves tension, restores the senses and offers absolute tranquility to the couple.

### Make 2 Candle Wishes

50' - 180€ | 75' - 230€

An authentic massage with moderate intensity and golden drops of warm melted wax that melt over the whole body. Choose among lavender, olive or citrus that calm the mind and hydrate the body. Under the candlelight, relax with your partner and travel to a place where you are just the two of you.

### Power Of Love

50' - 230€ | 75' - 260€

Selection of precious therapeutic oils combined with deep intensity for couples specially designed to relieve tension, relieve stress and promote an immediate overall well-being.

# Spa Suite by Starpool





A private  
unique Spa experience

50' - 50€ per person

Enjoy at our luxurious spa area, which includes sweet sauna with relaxing music, sweet steam bath with emotional shower with the signature of starpool and heated indoor pool/jacuzzi, while relaxing of the spa area.

Daily use with reservation.

only here

Discover our wellness packages, exclusively at Rockrose Spa at Mykonos Lovia, featuring specially selected treatments inspired by the local traditions and natural wonders of Greece and Mykonos.

### Olivo Therapy

1 10' - 170€

Inspired from the land of Greece and the techniques of Hippocrates, father of Medicine, this body scrub is a real treat thanks to the aromas and textures of argan, olive seeds, grape seeds and orange. The exfoliation is followed by a massage with warm olive wax that serves to relieve tension, restore the senses and offer absolute calm through special ancient Greek massage techniques. At the end of the treatment, there is a vitamin E facial massage providing the skin a quick and nourishing result.

### Aegean Sea

1 10' - 160€

A refreshing body exfoliation with vitamins and seaweed extracts that nourish and soften the skin. Ideal for dry and dehydrated skin. In combination with an excellent body wrap with aloe vera the skin is rejuvenated and redness from sun exposure is soothed. Additionally, a facial treatment with aloe vera and royal jelly provides nourishment to the face while at the same time eliminating signs of aging caused by sunlight.

### 24k Midas

1 10' - 170€

Like the touch of King Midas who according to Greek mythology turned everything he touched into gold, this treatment will leave a golden touch on your skin. Enjoy a body wrap with a gold body mask which removes toxins. The body wrap is followed by a massage with gold nectar to detoxify the skin. The golden look that the products leave on the skin goes well with the bronze effect after a day at the beach. The body therapy is combined with the "Eyes in Flames" treatment! Enjoy this treatment in the afternoon for a more intense appearance of gold on the skin before your night out.





## Mediterranean Sea

75' - 130€

A Mediterranean treatment that includes massage with baobab oil and exfoliation with salt blossom. The treatment reminiscent of our Mediterranean Sea due to its salt is particularly suitable for skin that needs a gentle exfoliation, ideal for the summer months but also for the period of pregnancy.

## Orange Blossom

110' - 165€

A luxurious treatment with orange which according to Greek mythology is a symbol of fertility and happy married life. The treatment includes a natural and anti-aging exfoliation with papaya that leaves the skin soft, clean and velvety, followed by a body envelopment with vitamin C. A luxurious massage with vitamin C follows that moisturizes the skin and makes it more radiant than ever.

## Recovery Now

90' - 160€

Our team has created a personalized recovery package to help restore your inner balance. The package starts with a 15' steam bath treatment to improve respiration through the high levels of humidity. Following this, enjoy a body exfoliation of algae, sea elements and minerals. The trace elements present in the exfoliating products help the respiratory system as they reduce possible inflammations in the airways, thereby opening the oxygen passages. Finally, there is a detox body massage for detoxification.

# Rockrose face

Germaine de Capuccini skin care powerhouse uses methodologies that stand out for more than fifty years with innovative products and meticulous protocols.

All products have been developed with absolute respect for the environment while its natural ingredients are never tested on animals. Facial care is provided after a personalized diagnosis by our Aesthetician.





## Aloe Vera After Sun with Royal Jelly

30' - 60€ | 50' - 85€

A regenerating treatment that restores vitality to dry, sun-damaged skin and helps minimize the signs of premature aging. Aloe vera stimulates collagen production and renews the firmness of the skin. Suitable for normal, dry and mature skin, this treatment uses herbs that help relax, detoxify and soothe the facial muscles while moisturizes and cleanses the skin through a gentle exfoliation and a luxurious facial massage.

## Hydra-Cure

50' - 90€

Facial treatment for enhanced hydration and anti-aging. Protects against climate change and premature aging. Provides hyaluronic acid in high, medium and low molecular weight and thermal water of volcanic origin.

## Purifying Facial

30' - 65€ | 50' - 90€

Universal and personalized treatment for all skin types, either oily, normal or combination. In record time it cleanses, purifies, balances the pH, renews and soothes the skin. Reveals a more uniform, luminous and pure face.

## Men's C+ Power

50' - 110€

Appropriate treatment for men's skin with lack of vitality and intense signs of fatigue. Enriched with vitamin C, birch juice and trace elements, the skin rejuvenates instantly, fills with energy and glow, while being protected from external attacks that cause premature aging.

## Global Anti-Age On

75' - 150€

Exquisite anti-aging facial treatment based on epigenetics that is awarded with the IFSCC prize (considered the Nobel prize of Cosmetics) for the ingredient ZINC-GLYCINE COMPLEX. It acts against the signs of aging caused by environmental factors, containing hyaluronic acid and collagen activators. The ritual includes a massage with a special spoon, placed on ice and a unique metal icy mask.

## Vitamin C

50' - 110€

Enriched with vitamin C derivative and Japanese Ume plum extract, this treatment is the most powerful weapon against glycosylation, which causes premature aging. The skin radiates and feels smooth and refreshing.

## Eyes in Flames Gua Sha Massage

45' - 65€

Eye and lip treatment to activate collagen and elastin and increase blood circulation. Treats dark circles, puffiness and expression lines around the eyes. Suction cup and quartz stone are used during the treatment.

## Timexpert Rides Yoga

70' - 130€

Enhanced facial rejuvenation treatment that achieves smoother skin and a more relaxed expression in record time. Unprecedented benefits in reducing dynamic and static wrinkles. We achieve visible improvement of skin density thanks to facial cupping and facial yoga massage.

# Rockrose body



These body treatments offer the healing touch of Rockrose Spa therapists with a unique way of relaxation, rejuvenation and rehabilitation.

## Body Wraps

### Mediterranean After-Sun

40' - 75€

A refreshing and energizing wrap containing aloe vera and mint for deep regeneration. Ideal as an after-sun treatment.

### Silk Touch

45' - 85€

Envelop your skin with precious 'silk' and enjoy a luxurious product application that will hydrate and provide your skin with a satin appearance and a silky touch.

### Luxurious Gold

40' - 75€

Combined with an exquisite massage, this total body envelopment revitalizes the skin and leaves a subtle and gorgeous golden veil shimmer on the body.

### Heavy Legs

30' - 55€

A revitalizing treatment for your legs and feet that improves blood microcirculation and eliminates liquids and toxins. Ideal also for pregnant women.

## Body Scrubs

### Lavender Scent

30' - 60€

Everyone is looking for a reliable way to calm the body and mind and lavender takes care of both.

### Mediterranean Olive

30' - 55€

Inspired by the Mediterranean land. A therapy that is a true enjoyment due to the aromas and textures of argan, olive seeds, grape seeds and orange blossom water.

### Citrus Glow

30' - 55€

A natural and anti-aging citrus peel exfoliant to leave the skin soft, clean and velvety following a relaxing aromatherapy protocol.

### Marine Exfoliation

40' - 60€

A refreshing body scrub with vitamins and algae extracts that nourish and soften the skin. Ideal for dry and thirsty skin.

beauty services



## Manicure

Manicure	45€
Manicure Nail Polish	50€
Spa Manicure	50€
Manicure Shellac	55€
Spa Manicure Shellac	60€

## Pedicure

Pedicure	55€
Pedicure Nail Polish	60€
Spa Pedicure	70€
Pedicure Shellac	75€
Spa Pedicure Shellac	80€

## Removal

Nail Polish	15€
Shellac	25€

## Coloring

Nail polish	25€
Shellac	35€

## Waxing

Arm	45€
Under Arm	25€
Eyebrow (Shaping)	20€
Eyebrow	15€
Upper Lip	20€
Bikini Full	45€
Bikini Line	35€
Full Leg	60€
Half Leg	30€
Chest (M)	40€
Back (M)	50€
Finger Waxing	15€
Toe Waxing	15€

# How to Spa with us

## Operaration hours

Daily 11:00 - 20:00

## Hygiene Protocol Covid- 1 9

Our goal is your complete relaxation during your visit and your immersion in the Spa Experience. For this reason, we have taken advanced measures to protect our guests prior to their arrival, ensuring them a safe and serene journey.

For the safety of our guests and staff, if you or a family member has experienced any of the following symptoms in the last 7 days, please contact the Spa before your arrival, appointment or use of the premises to obtain more information: cough, fever, shortness of breath, sore throat or headache.

As a reminder, if you or a family member has recovered from any of these symptoms in the last 14 days, we kindly ask you to inform the Spa prior to your arrival.

## Reservations

Please contact the Spa reception to book an appointment. We recommend making a reservation to guarantee your preferred treatment and time.

## Cancellations

We understand that plans can change, and we will do the best to accommodate your needs. However, as all Spa time is under reservation, should you need to cancel or change your booking kindly inform our team 24 hours in advance to avoid billing. Otherwise, cancellations made less than 6 hours before treatment(s) time, will result in you being charged 50% of the treatment(s) cost.

## Before your arrival

As many Spa treatments serve to improve blood circulation through the application of special body pressure techniques, we advise against eating a heavy meal before your treatment. However, a light snack is appropriate. Alcohol is forbidden before any Spa treatment. We recommend that you do not bring your valuables into the treatment room. The spa bears no responsibility for the loss of any personal belongings.

## Upon your arrival

Kindly arrive at least 15 minutes before your appointment. Delayed arrival will reduce the available time for your treatment. It will therefore reduce its effectiveness and your pleasure. This is your moment and we want you to enjoy the experience to the fullest. Please let us know about any preferences you have regarding room temperature, pressure and music. Your care is our highest priority.

## During your stay

The Spa is dedicated to maintaining an environment of peace and tranquility. Help us by respecting our atmosphere of privacy and quiet, by putting your mobile phone in flight mode during your Spa stay. Smoking, alcohol and eating at Spa are prohibited.

## Pregnancy

In our catalogue you will find specially formulated treatments for women during pregnancy and for those who are nursing. Please allow the Spa team to guide you, helping you choose which treatment is the most suitable during this special time.

## Gift Cards

Gift vouchers are available for any treatment, combination of treatments or home care products and are an ideal gift for someone you love and want to care for. Gift vouchers are non-refundable and must be presented during treatment or purchase.

## Health Questions

Please inform us at the time of booking of any medical condition or special needs. This will allow the Spa team to guide you in selecting the right treatments. Before any treatment, our staff will ask you to fill in a medical questionnaire. We fully comply with EU's General Data Protection Regulation.

## Payment

Payment is completed before your treatment at the Spa reception and all credit cards are accepted.

## Age Requirements

The Spa is suitable for guests over 18 years of age. Children under the age of 16 must be accompanied by the parent.



LOVIA  
MYKONOS

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